Today's Suggested Schedule—November 2020, Week 3

Today's Bible Story: I can thank God for family who help me.

Aaron Helps Moses • Exodus 17:8-13

Memory Verse: "Give thanks to the Lord for he is good." Psalm 107:1, NIV

Key Question: Who is good? **Bottom Line:** God is good. **Basic Truth:** God made me.

Hold Them Up

Live for God | Application Activity

Made to Create: An activity that allows preschoolers to review the Bible story, Bottom Line, or memory verse by creating a craft

What You Need: "Moses" and "Arms" Activity Pages, cardstock, scissors, small hole punch, and yarn.

What You Do:

Before the Activity: Copy "Moses" on cardstock and cut out, one per child. Copy "Arms" on cardstock and cut out, one set of arms per child. Line up the arms with the shoulders on "Moses" then punch a hole on each side.

During the Activity: Encourage children to put the arms on Moses and secure them with the yarn. Help as needed. Talk about the Bible story and have children raise and lower Moses' arms.

After the Activity: Talk about how we can thank God for our family who help us like Aaron helped Moses in our Bible story today.

What You Say:

Before the Activity: "Friends, come sit with me at the table! I have a fun craft for us to help us remember our story about Moses today."

During the Activity: "Here is your picture of Moses. (Pass out 'Moses' to each child.) We need to add his arms. Line up the hole in one arm with the hole in his body then stick the brad through like this. (Demonstrate.) After you stick the brad through the holes, bend the ends out like this. (Demonstrate.) Great job! Do the same thing on the other arm. (Pause.) Watch how we can move Moses' arms up and down, now. (Demonstrate.) So cool! Moses and his brother, Aaron, were a part of God's army called the Israelites. They had to fight some mean people.

"Moses knew that God would help them. So, he held up God's staff. Raise Moses' arms. (*Pause.*) When he held up God's staff, the Israelites started winning! When Moses put his arms down, God's army started losing. Move his arms down. (*Pause.*) So, Moses held his arms up, and kept them up. Raise Moses' arms. (*Pause.*) Moses had to hold his arms up for a REALLY long time. They got so tired, and he needed help! Moses' brother, Aaron, and his friend, Hur, brought a rock for Moses to sit on. Then, they held up his arms so that God's staff would not come down. God's army won! Great job helping me review our story."

After the Activity: "Moses was thankful that God gave him family like Aaron. [Bottom Line] God is good and gives us family to help, too. Who is good? [Bottom Line] God is good."

Journal and Prayer

Pray to God | Prayer Activity

Made to Reflect: An activity that encourages personal application and prayer

What You Need: Paperclipped "Memory Verse Card" in your Bible at Psalm 107:1, journal, and a fun-shaped pen

LEADER: "Our Bible story today was about a man named Moses who had to keep his arms up high. What happened to Moses' arms? (*Pause.*) Yes, they got tired. Who helped Moses hold his arms up high? (*Pause.*) Right again! Moses' brother, Aaron, helped him. I'm sure Moses was very thankful to have family to help him.

"It's nice when family helps us. It's also nice when we help our family. And we can thank God for family who help us, because [Bottom Line] God is good. Who is good? [Bottom Line] God is good!

"We've been learning a Bible verse to help us remember to thank God because **[Bottom Line]** God is good! I know you're getting really close to knowing this verse! It says "Give thanks to the LORD for he is good, Psalm 107:1. (Close Bible and lay it down.)

"We have a lot to thank God for because **[Bottom Line]** God is good. Let's stand up and say that Bible verse together with the motions."

CHILDREN and LEADERS: "Give thanks (clap on each word) to the LORD (point up) for he is good, (two thumbs up) Psalm 107:1." (Open hands like a book.)

(Repeat the verse with motions a few times.)

LEADERS: "You sound awesome!

"Now, let's sit down so we can write in our prayer journal and talk to God. (Hold journal and fun-shaped pen.)

"Today, we'll make a list of family who help us. It can be a mom or dad, grandpa or grandma, brother or sister, aunt or uncle—anyone you think of as family. When I say your name, I want you to tell me one person in your family who helps you. I will write their name in our prayer journal, and we can use the list when we pray."

(Say each child's name and write down what they say. Remember to print the names so the children can recognize their names and the letters.)

LEADER: "Thank you for making this list with me. Let's pray and talk to God. Would anyone like to pray before I pray?"

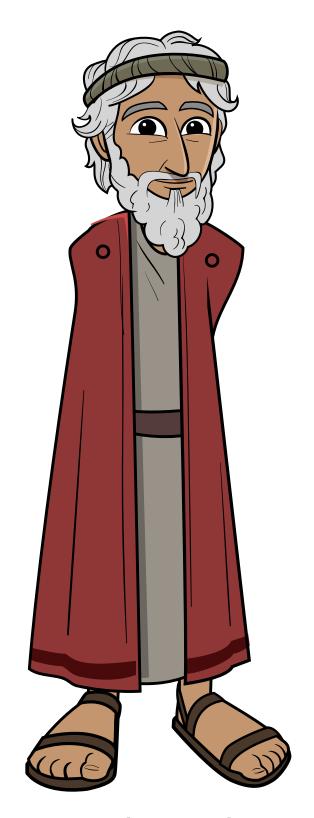
(Give each child who wants to pray the opportunity to do so.)

Prayer

LEADER: "Dear God, family is such a special gift You have given us. We are so thankful for the way family help us. [Child's name] wants to thank You for the way [family member's name] helps them. (Repeat with each child.) I pray we will help our family, too. We love You, God. In Jesus' name, amen."



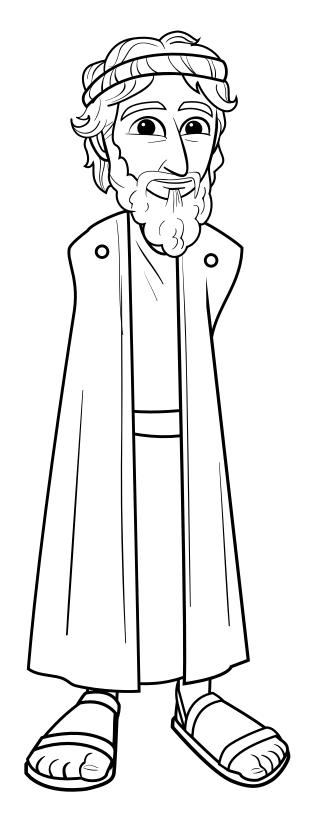
God is good. Aaron Helps Moses Exodus 17:8-13



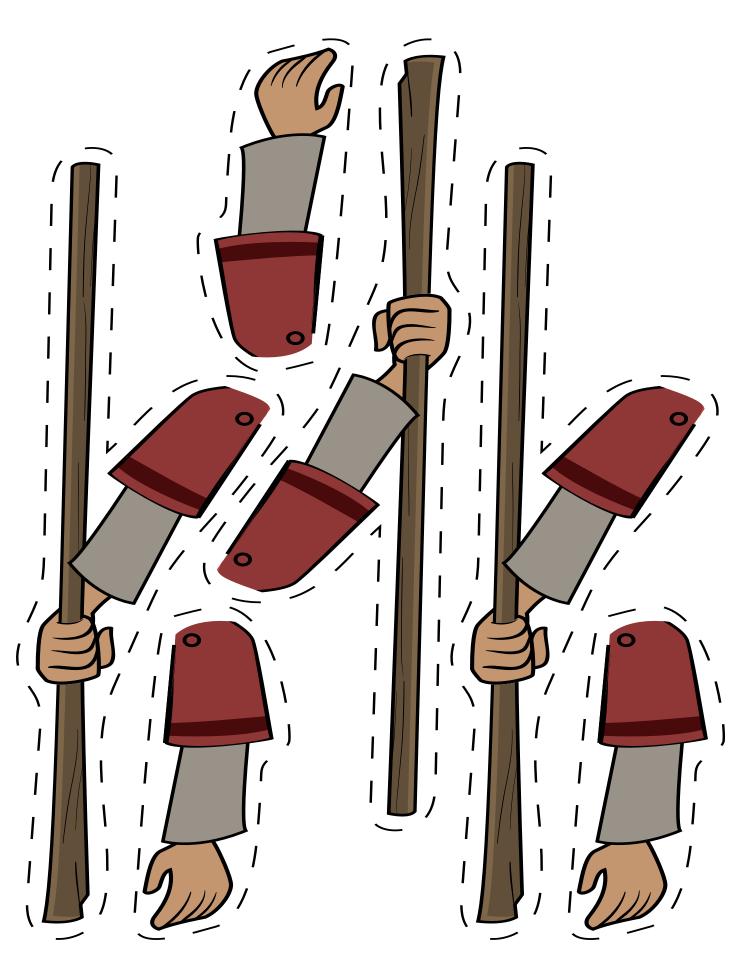
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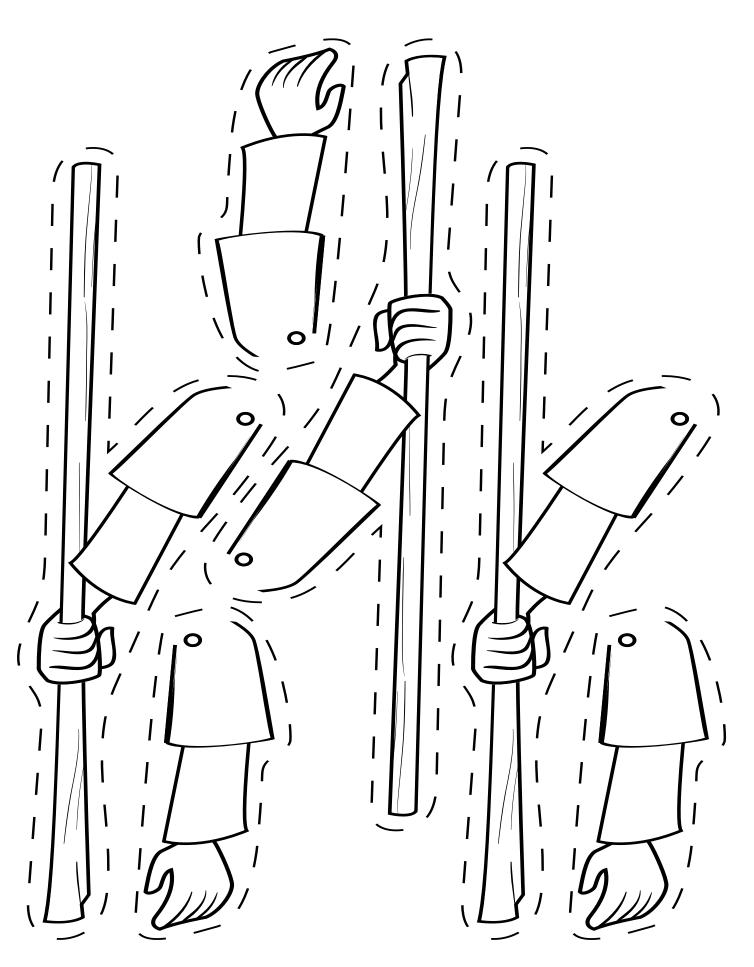
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God is good. Aaron Helps Moses Exodus 17:8-13



Arms • Color • Hold Them Up • November Week 3
Copy on cardstock and cut on dotted lines. One set of arms per child.
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