### Today's Suggested Schedule—September 2020, Week 2

Today's Bible Story: I can trust God's plan, even when it's hard.

Joseph in Jail • Genesis 39-40

Memory Verse: "For I know the plans I have for you,' says the LORD." Jeremiah 29:11, NLT

**Key Question:** Who has a plan for you? **Bottom Line:** God has a plan for me.

Basic Truth: God loves me.

# Planned Stacking

What You Need: Plastic eggs and mittens or socks

#### What You Do:

Before the Activity: Give the children a pair of mittens or socks to wear. Separate the plastic eggs and put them on the table.

During the Activity: Encourage the children to stack the egg halves, flat side on the table top, one on top of the other like stacked ice cream scoops. They may need to help each other. As they work, explain that you have a plan for stacking, even though it's hard. Make sure they take turns so everyone has a chance to stack the egg pieces. Be sure each child has a clean pair of mittens or socks.

#### What You Say:

Before the Activity: "Friends, let's gather around the table. Do you see these egg pieces? Let's pretend these are scoops of ice cream. And because ice cream is cold, let's protect our hands with these." (Hold up the mittens.)

During the Activity: "Okay, let's stack! I have a plan, but I need your help. Let's stack one scoop at a time. It might be hard, but we can help each other and stack them together. Make sure you take turns, so everyone has a chance to stack!"

After the Activity: "That was hard, but you followed the plan. Great job, friends! In our Bible story today, we heard about a very important plan, and it was hard, too."

## **Journal and Prayer**

What You Need: Journal, and a fun-shaped pen

**LEADER:** "Sometimes things are just hard, right? Maybe we have to clean our room or learn something new. Maybe we get really sick or we don't get to do something we want to do.

"Today, we're going to make a list of hard things—things that make you sad or mad, or things that you don't like to do but you have to do. So think about it, and when I say your name, I want you to tell me one thing that is hard. I will write down what you say in our prayer journal."

**LEADER:** "Thank you for doing this. Now, let's use the list we made when we talk to God.

### **Prayer**

**LEADER:** "Dear God, thank You for (name each child). I know You have a plan for each of them, because you love them. I pray they will always trust that You have a plan for them. And when hard things happen like (read the list the children made), help them to wait on You, do the right thing, and trust in Your plan for them. We love You, God. In Jesus' name, Amen."